

KAREN BERNABO



Available all day:

Reiki/Seichem Spirit/Angelic Healing with Chakra Balancing	1 hour	\$ 70.00
Past Life Regressions	1.5 hours	\$ 120.00
Ear Candling	50 mins	\$ 60.00
Crystal Healing	1 hour	\$ 70.00
Psychic Attunement	20 mins	\$ 30.00
Advice and/or Information on Personal Psychic Protection	1 hour	\$ 70.00
Aura Photos	15 mins	\$ 35.00
Tarot Card	45 mins	\$ 60.00

Distant Healings:

These are great for clients who live a long distance away, whether in Australia or overseas or for those who find it difficult to get over to me. It is also great for animals. All you have to do is email or post a photo with the name of the person or animal.

Past Life Regressions

Are especially helpful when needing answers to puzzling life problems in this present life. You will experience 2-3 lifetimes in a regression via a deep and relaxing meditative experience. As you recall your previous lives Karen writes it down word for word what you relay so that you may read it back later and not lose any of the details.

Reiki Healing

Utilises universal energies sent through into your physical body and auric field to promote harmony and wellbeing by bringing everything back into balance. As the positive energy is poured into your being, the negative unwanted energy is pushed out once you release it and let it go.

Spiritual Healing

Also utilises universal energy or the God force energy by being brought through a clear channel within the instrument for healing, Karen, who has a higher spirit guide working through her to bring the highest energies to where they are most needed. Spirit through Karen will sometimes give a message to you that relates to healing process.

Crystal Healing

Utilises the energies from different crystals intuitively selected for you in your healing process. This is then combined with spiritual healing for extra benefit.

Colour Healing

Utilises a specially created silk scarf that has been charged with spirit healing energies channelled into it when it was being dyed with the colours matching the chakras. This modality is also combined with spiritual healing for a fuller healing experience.